



Newsletter

Issue 3. June 2021

YEAR 12 VCAL

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SUNBURY COLLEGE

Principal's Message

Craig O'Bree



Dear parents, carers and students,

This week, I was delighted to congratulate the students from years 7 to 12 who received a Principal Award. Principal Awards are earned by students who achieve an average Work Habit Rating of 3.90 or above. Students who achieve an average Work Habit Rating of 4.00 receive an Elite Principal Award. There were many students in each year level who achieved both categories of award and they should be very pleased with the application they have applied to their studies. Achieving high Work Habit Ratings, both in periods of on-site and remote learning, demonstrates great resilience and determination. Each student across the school, who improved their work habits this term, should be proud of their efforts.

Students accepted their awards on Tuesday 24 June in front of their peers and teachers. The Principal Awards are usually conducted in front of families, but the current density limit restrictions prevented parents from attending on-site. We look forward to both the Sunbury College Awards night and Year 12 Graduation later in the year when we can invite parents and carers to join us as we continue to celebrate our students' success.

Craig O'Bree
Acting Principal

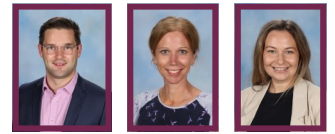






Assistant Principals' Message

Jared Dyson, Fiona Scott-Young & Siobhan Shaw



It has been a busy and very productive term. Our students have participated in a wide range of activities and programs throughout the term. We were fortunate to run our Athletics Carnival, NAPLAN for years 7 and 9, Attitudes to School Survey, various inter-school sports, Morrisby sessions for year 9, Careers Expo for senior students, the leadership camp and other extra-curricular activities. Our students have demonstrated outstanding participation in these activities and adhered to our school values of respect, resilience, responsibility and endeavour.

We would like to thank all of our students for their ability to adapt from onsite to the remote learning environment at the end of this term. This has been a wonderful reminder of their resilience and we were pleased with their progress and commitment they made to learning during this time. We would also like to thank our parents and carers for the ongoing support that you provided to your child/children and trust in our school and its operations through this period. We are very excited to have all students back in the classroom for the final weeks of the term.

Thank you to all of our staff during this term, who have demonstrated their commitment to student learning and wellbeing. They have been adaptable, creative and collaborative, as they have worked together to make the transition to remote learning and return to school as smooth as possible for our students.

Increased health and hygiene measures

A number of very important health and hygiene practices continue to be implemented in the school. Hand sanitiser is available in every classroom and around the grounds for students to access. Our COVID safe actions also reinforce staying at home if students are unwell and getting tested, wearing a mask and physical distancing when possible.

Semester 1 Reports

As the term draws to a close our semesterly reports are made available to students, parents, and carers. Semester reports bring an opportunity to reflect on progress and set goals for future improvement. Whether it's a feeling of celebration or that you're not quite there yet, everyone can set a goal for improvement. Parents, carers, teachers, house leaders and mentors (the list goes on) are great supports that can help frame a goal for improvement to tackle for semester two. We would encourage you to take this step as a way to achieve better outcomes in your time here at the school.

If you have any questions about reports, email the respective teacher for clarification as a first step and if you need to chat more globally then your child's Year 7 Manager/House Leader is a good secondary contact.

Uniform

Wearing full and correct uniform is important to our school community. Throughout the term we have reminded all students about the expectations of wearing full school uniform and the clear consequences if they choose not to.

Windcheaters and coloured long sleeve tops are not permitted to be worn at school. The college jacket and jumper are available for purchase from the uniform shop. We remind families that plain white socks are to be worn (no markings) and black leather laced school shoes are the only footwear permitted to be worn to school.

Jewellery Policy Reminder

Facial ring piercings (including the half ring and ball nostril ring) are not permitted under any circumstances at school. Students will be asked to remove them immediately and parents of persistent offenders will be contacted. Students are only able to wear a stud.

School Wide Positive Behaviour Support (SW-PBS) - Update

Marion McCasker

So far throughout Term 2 we have given out in total **2919** positive acknowledgements – **Green** Compass posts and raffle tickets. The top core values were **Responsibility** and **Endeavour**.

During Term 2 our **Green** Post Raffles were held – Week 2, Week 4, Week 6 and Week 8.

Congratulations to the following winners:

WINNERS:

Year 7	Emma CHALLIS; Fletcher ALLEN; Laura VONJA; Luke HILLINGER-BELL
Year 8	Charlotte BEATTIE; James WATSON; Oscar MURRAY WILSON; Jaydah ROHDE
Year 9	Lyla FOWLER; Shylah FLEMING; Grace BRCAN; Hudson WEIR
Year 10	Julian BONDIN; Noah NEVILLE; Abby STONE; Gemma HOEVE
Year 11	Chanelle PEREIRA; Hayley STRANGE; Kody SEMMENS; Hollee MOORE
Year 12	Ryan COOKE; Skyla McCLURG; Charli GILMORE; Hannah WATKINS

It is fantastic to see so many of our students being accountable for their actions and constantly striving for excellence.

Go Team Sunbury!!



Marion McCasker

Leading Teacher – Student Engagement and Positive Behaviour Support

Careers News

Wes Pfitzner

The Careers team this term has been busy preparing for work experience, the roll of the Morrisby Career Profiling and counselling session and lastly beginning to support our Year 12's with applications for University Early Access Schemes. The careers team is disappointed that we weren't able to allow students to participate in their two weeks of work experience, but we are very pleased to announce we have new dates for Term 3, Week 9 – 6th-10th September. Students will need to contact their employers to confirm which one will take them for the week or make alternative arrangements. There will be new Purple form and arrangement forms that need to be completed. These can be collected from the careers team.

University Early Access Scheme

All universities have opened up their Early Access Schemes, offering the opportunity for students to apply for their preferred university, submissions involve selecting your course preference. It's important you research and read the specifics of each scheme, for more details use the links available.

Australian Catholic University: ACU Guaranteed, <https://www.acu.edu.au/study-at-acu/admission-pathways/i-volunteer-regularly>

Victoria University: Guaranteed, <https://www.vu.edu.au/study-at-vu/how-to-apply/special-admission-programs/vu-guaranteed>

La Trobe: Aspire, <https://www.latrobe.edu.au/study/aspire>

Melbourne University: Access Melbourne, <https://study.unimelb.edu.au/how-to-apply/special-entry-access-schemes/access-melbourne-undergraduate>

RMIT:, SNAP, <https://www.rmit.edu.au/study-with-us/applying-to-rmit/local-student-applications/equity-access-schemes/schools-network-access-program-snap-applicants>

Year 13 Resources & Careers Expo

There are a number of resources that have been made available to Sunbury College students, these are a great way to start course or career exploration, if your stuck for ideas, have a look at the interactive webinars available.

YEAR 13

The digital career and life advice platform, have kindly offered all students a free Premium MyYear13 Account at this time, where you can:

- Get your own personalised skills forecast,
- Build your own career plan using their career explorer tool, and
- Access the Year13 Digital Careers Expo, You'll hear from awesome speakers such as:
 - o Dr Karl Kruszelnicki, a Scientist, Doctor and Author
 - o Felicity Furey, Engineer
 - o Industry experts on a variety of topics, ranging from creative industries, sustainability and apprenticeships!

If you haven't already checked it out before, you'll likely find this site really interesting and helpful – it's run by young people, for young people - and they have some really great tools and resources to help you as you think about your future beyond high school.

To get signed up:

1. Click this link: <https://year13.com.au/account/verify/school/OM8WIBQK>
2. Fill out your details
3. Click Attending Expo
4. Complete your skills forecast and career plan

If you already have a MyYear13 account, please go to your profile, and add this code **OM8WIBQK** in link school. If you have any questions, please reach out to hamish@year13.com.au.

Careers News

Wes Pfitzner

News & Updates

Victoria University Update

We hope you're keeping well during this unprecedented time for us all. In this period of uncertainty, we're pleased to share that our VU Guaranteed program will proceed as usual in 2021 – with an exciting development.

Our **Ignite scholarships and study grant** acknowledge students who demonstrate passion and drive, and are inspired to use further study as a way to become world changers. Students who can show their passion for learning, willingness to develop themselves and their communities and a desire to become world changers are ideal VU scholarship candidates.

Two Year 12s from your school will receive a \$2000 **Ignite scholarship** to VU or VU Polytechnic, and one Year 11 from your school will be awarded a \$500 **Ignite study grant** to help set them up for success in Year 12. These scholarships can relieve the financial stresses students face, and enable them to pay for study essentials like technology, transport, textbooks – or developmental experiences like travel.

To continue to support students for the duration of their education, we have also introduced the **Thrive scholarship program**. Our Thrive scholarships provide currently enrolled students the chance to access equity-based funds or support. VUG students applying for these new equity-based scholarships upon commencement will also receive accelerated access to apply.

All Year 11 and 12 students from your school are invited to apply for the VUG program. Successful applicants will enjoy a guaranteed place at VU or VU Polytechnic prior to final Year 12 exams. [Visit the website](#) to find out more or direct students to apply.

Melbourne University

Melbourne University has developed a webinar series for a number their courses, providing insights into their study programs and career opportunities. Hear from faculty and academic staff as you explore our course options, career and graduate pathways and student life with these special, deep-dive conversations. Meet our Melbourne insiders and uncover what the Melbourne curriculum is all about. Play, pause, rewind, watch on-demand.

Use this link to access their full package of videos:

<https://study.unimelb.edu.au/connect-with-us/meet-melbourne>

Helpful Quizzes and Links

Are you not really sure what your career goals and plans are as yet? You are not alone.

While you're unsure, it's helpful to do some research. Undertake some career quizzes, have a think about your skills and abilities and how you like to spend your time. Here are some great websites to get you started:

My Future - <https://myfuture.edu.au/>

Skills Road - <https://www.skillsroad.com.au/my-account/my-careers-quiz>

Care Careers - <https://www.carecareers.com.au/quiz/career-quiz>

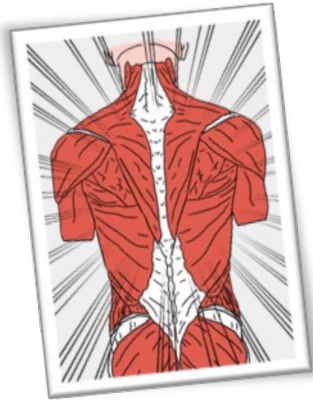
Job Outlook - <https://joboutlook.gov.au/careerquiz.aspx>

Good Education Group - <https://www.goodeducation.com.au/good-careers-guide/>

Wes Pfitzner – Careers, VET & Pathways Leader
Wesley.Pfitzner@education.vic.gov.au

Career Focus

Occupational Therapist



Occupational therapists assess and treat people who, due to illness, injury or circumstance, are limited in their ability to undertake everyday activities. They assist people to regain lost functions, develop their abilities and social skills as well as maintain and promote independence in their everyday lives to enhance health and wellbeing.

Occupational Therapists:

- conduct tests to assess functional, emotional, psychological, developmental and physical capabilities
- plan and direct specific therapeutic programs for individuals using recreational, remedial, social, educational or vocational (job-related) activities
- select and design activities that improve an affected movement or

function and help individuals to regain personal care skills

- assist people to gain or regain skills in social, leisure and work environments through graded individual or group therapy and activity programs
- monitor the progress of individuals and assist with the coordination of an appropriate health team
- assist children with disabilities to integrate into education programs in schools
- assess the ability of injured workers to return to their usual employment or perform alternative duties
- design and modify the everyday environment of clients to allow for better access and independence
- advise on the use of specialised equipment
- assess the need for, develop and run health education programs
- act as consultants to industry and government organisations
- undertake research
- teach in academic institutions, generally at tertiary level
- assist with policy development for health and other areas.

Occupational Therapists may work in areas such as:

- Aged Care – providing programmes and equipment for people with medical and social problems associated with ageing.
- Disabilities – working with people who have an intellectual, physical or sensory disability through planned activity programmes over long periods of time.
- General medicine – working in hospitals or private practice to assess and treat individuals with physically disabling diseases or injuries.
- Occupational health – assessing the safety of work environments and injured workers, providing rehabilitation and advice about adaptations for their return to the workplace.
- Health promotion – assisting people who want to achieve a balanced and healthy lifestyle.
- Paediatrics – working in hospitals, private practices or schools to assess and treat children with disabilities, developmental delays or learning difficulties.
- Psychiatry – assessing and treating individuals with mental illness and behavioral disorders through programmes involving such methods as stress management.
- Vocational rehabilitation – assisting injured workers to return to work.

To consider working as an Occupational Therapist, it is helpful to have the following skills and attributes:

- Patience
- Able to show initiative
- A flexible attitude
- Practical, innovative and observant
- Good problem-solving skills
- Good interpersonal and communication skills
- Able to maintain client confidentiality
- Able to work independently or as part of a team

Career Focus

Occupational Therapist

To become qualified as an occupational therapist, you usually have to complete a degree in occupational therapy at university. To get into these courses you usually need to gain you VCE. Prerequisite subjects are usually one or more of English, biology, chemistry and physics are normally required. Make sure you check course entry requirements at your chosen institutions.

Occupational therapists work in public and private healthcare settings. These may include general and children's hospitals, aged-care facilities, rehabilitation centres, day care centres, community health centres, municipal councils, primary and secondary schools, prisons, centres for people with disabilities, independent living centres and other organisations. They may also work in private practice as clinicians, consultants or as injury management advisors. Occupational therapists are due to see a 14.6% increase in employment growth in the next 5 years.

The following table outlines degree options currently available in Victoria:

(This does not include single associate degrees or graduate entry courses).

Occupational Therapy Degrees				
Institution	Campus	Course	Duration	ATAR
ACU University	Melbourne	Bachelor of Occupational Therapy	4 Years	65.50
Charles Sturt University	Albury-Wodonga	Bachelor of Occupational Therapy	4 Years	< 5 offers
CQ University	Melbourne, Online	Bachelor of Occupational Health and Safety	3 Years	< 5 offers
Deakin University	Geelong Waterfront Campus	Bachelor of Occupational Therapy	4 Years	70.00
La Trobe University	Albury Wodonga, Bendigo, Melbourne, Mildura, Shepparton	Bachelor of Applied Science/ Master of Occupational Therapy Practice	2.5 Years + 1.5 Years	70.75 – 75.2 or < 5 offers
Monash University	Peninsula	Bachelor of Occupational Therapy (Honours) (Indigenous Entry)	4 Years	< 5 offers
		Bachelor of Occupational Therapy (Honours)	4 Years	82.80

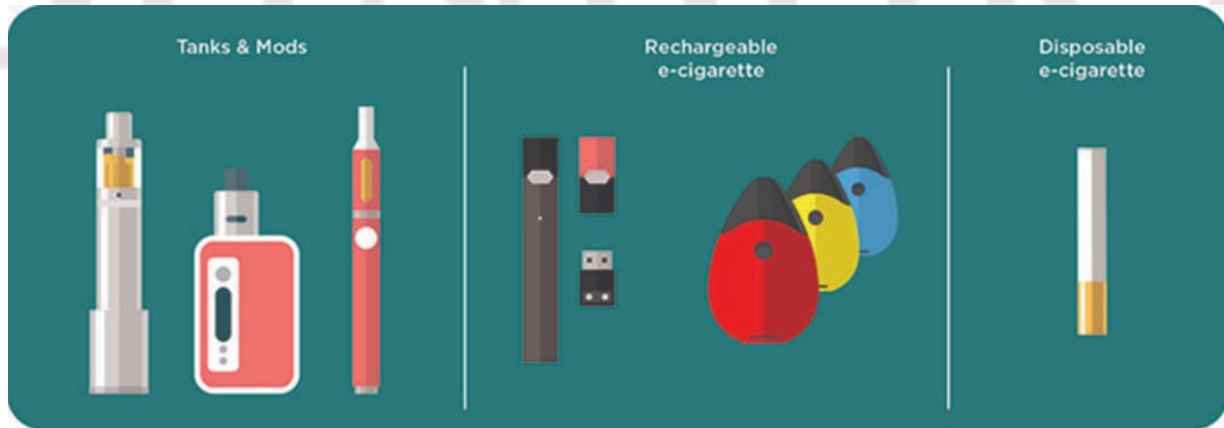
Note:

* NA – Not applicable or under 5 offers were previously made. The ATAR listed is based on the lowest selection rank plus adjustment factors. As subjects, course structures and requirements can vary between institutions, it is necessary to contact your chosen institution for further information.

Sources: VTAC, Good Universities Guide, <http://lmip.gov.au/>

What are E-cigarettes???

- ⇒ E-cigarettes are electronic devices, also known as 'vapes'
- ⇒ They hold and heat e-liquids that produce vapours that people inhale
- ⇒ There are currently no long term studies that can establish their safety
- ⇒ E-cigarettes can look like traditional cigarettes, cigars or everyday items such as USBs or pens



COURTESY OF THE U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION

MYTH ❌	FACT ✅
e-cigarettes and vaping are harmless	e-cigarettes contain chemicals that can be bad for your health in short and long term
e-cigarettes list all the ingredients	Many e-cigarettes are not labelled correctly and it is hard to tell what ingredients are in them. Even cigarettes that claim they are 'nicotine free' may have nicotine in them.
There is no link between e-cigarette use and starting smoking regular cigarettes	Evidence shows it is common for young people who use e-cigarettes to later on begin smoking cigarettes

E-cigarettes and the law...

- ⇒ In Australia, it is illegal for people under the age of 18 to buy e-cigarettes
- ⇒ The **sale**, **use** and **possession** of e-cigarette products containing **nicotine** is against the law in Victoria
- ⇒ E-cigarettes cannot be used in smoke-free areas

References:

[Electronic Cigarettes and Vaping: Factsheet - Positive Choices](#)

Lauren Turnbull

Adolescent Health Nurse,

Secondary School Nursing Program

UPCOMING DATES TO REMEMBER



JUNE

Friday 25

Semester Reports Released
Last Day of Term 2

JULY

Monday 12

Term 3 commences

Friday 16

Last day for subject changes

Monday 19 to Thursday 22

9AB City Curriculum

Monday 26 to Tuesday 27

9CD City Curriculum

Wednesday 28

Curriculum Day

Thursday 29

GAT

Thursday 29 to Friday 30

9CD City Curriculum

AUGUST

Monday 2 to Thursday 5

9EF City Curriculum

Monday 9 to Thursday 12

9GH City Curriculum

Thursday 12

Year 12 Warm and Fuzzy Day

Monday 16 to Thursday 19

9I City Curriculum

Friday 20

Work Habits Released

General Office

2021 Yearbook

The purpose of our College Yearbook is to showcase and celebrate our college wide programs, student achievements and everyday learning at the College. It is a publication that our College community look forward to receiving every year.

The 2021 Yearbook will be available at the end of the year and is optional to purchase.

To assist us in the management and distribution of the yearbook, payment is required by Friday 17 September, 2021 (end of Term 3), via Compass pay or at the General Office.



2021 TERM DATES

Start date

Finish date

Term 3

12 July

17 September

Term 4

4 October

17 December

SCHOOL NOTICES

SUNBURY WEST PRIMARY SCHOOL
INVITES YOU TO OUR

50TH ANNIVERSARY CELEBRATION

\$100 per person
3 course dinner
Beer Wine Soft Drink
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With Qkr! you can pay for:

- Sunbury West 50th Anniversary Dinner Tickets
- You can see your receipts on the app and get them sent by email if required.

Step 1 Download Qkr!
On your iPhone or Android phone.
iPad users must download the iPhone app.

Step 2 Register with Qkr!
Select your Country of Residence as 'Australia' and follow the steps to register.

Step 3 Find Sunbury West Primary School
Click the search icon in the top right corner and type in Sunbury West Primary School.

Step 4 Register yourself
When first accessing SWPS you will be prompted to add a profile.
When it asks for 'Year' choose *Guest*.
When it asks for 'Class' choose *Guest*.

Step 5 Complete your ticket purchase
Complete your ticket purchase by choosing 50th Anniversary Celebration Dinner and follow the prompts.



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